

mellowMenu

MUNCHIES

PRETZEL BITES \$10⁵⁰

Made with our classic dough and tossed in garlic butter and Parmesan. Served with Pabst Blue Ribbon™ beer cheese. [CAL 1080]

BRUSCHETTA \$8

Fresh Roma tomatoes diced, seasoned and marinated. Topped with crumbled feta cheese and freshly chopped basil. Served on garlic toast points and drizzled with a balsamic glaze. [CAL 340]

CHEESE BREAD \$6 [CAL 830]

French bread smothered in garlic butter, melted mozzarella and sprinkled with Italian seasoning. Served with a side of Mellow red sauce. [+CAL 90]

PESTO GARLIC \$6 [CAL 1090]

Add a drizzle of nut-free pesto.

PEPPERONI GARLIC \$7 [CAL 990]

HUMMUS \$8

Drizzled with olive oil and sprinkled with paprika and fresh basil. Served with your choice of lightly toasted pita wedges or carrots and celery. [CAL 540-860]

PRETZELS

Made with our classic dough, served coated in garlic butter, Parmesan and a side of Mellow red sauce or coated with garlic butter, kosher salt and served with traditional yellow mustard. [CAL 260-270 PER PIECE]

HALF (3) \$6⁵⁰ WHOLE (6) \$11

OVEN ROASTED WINGS

Double-baked for a crispy and flavorful wing without the use of a fryer or added oils. Hand-tossed in your choice of sauce:

Hot - Jerk - Mild - Sweet Thai Chili - BBQ - Naked - Teriyaki

HALF (5) \$7⁵⁰ WHOLE (10) \$14

[CAL 290-410] [CAL 580-820]
RANCH [CAL +200-410] OR BLEU CHEESE [CAL +200-400]

AVOCADO SMASH \$12

Made to order with freshly mashed avocado and diced Roma tomato Bruschetta with feta cheese and basil, served with toast points. [CAL 860]



SALADS

GREEK

Roma tomatoes, cucumbers, green peppers, sweet onions, mushrooms, pepperoncinis, banana peppers, Kalamata olives and feta cheese on a bed of Romaine and iceberg lettuce tossed with shredded carrots and red cabbage.

THE ELEVATED COBB

A higher order of salad made with antibiotic free Springer Mountain Farms chicken, applewood-smoked bacon, fresh avocados, crumbled blue cheese and sliced Roma tomatoes on a bed of chopped romaine lettuce.

HOUSE

Spring mix and chopped romaine topped with Roma tomatoes, cucumbers, black olives, sweet onions and shaved Parmesan.

CAESAR

All hail the perfect salad. Freshly chopped romaine lettuce tossed with all-natural caesar dressing and topped with shaved Parmesan house-made croutons.

	LIL'	REGULAR
GREEK	\$9 [CAL 150]	\$11 [CAL 300]

\$13 [CAL 710]

\$5 [CAL 90] \$8 [CAL 180]

\$6 [CAL 400] \$8⁵⁰ [CAL 800]

ALL NATURAL SALAD DRESSINGS

RANCH - BLEU CHEESE - BALSAMIC VINAIGRETTE - SIGNATURE ESPERANZA - CAESAR
[CAL 200-410] [CAL 200-400] [CAL 140-280] [CAL 220-440] [CAL 240-470]

CALZONES

Calzones are served with a side of Mellow Red Sauce. Additional ingredients are 1⁹⁹

CHEESE \$10²⁵

WITH RED SAUCE [CAL +70]
Mozzarella, provolone and seasoned ricotta. [CAL 1180]

VEGGIE \$12⁵⁰

WITH RED SAUCE [CAL +70]
Stuffed with spinach, mushrooms, Roma tomatoes, mozzarella, provolone and seasoned ricotta. [CAL 1230]

SAUSAGEFEST \$14

WITH RED SAUCE [CAL +70]
Meatballs, Italian sausage, Genoa salami, mozzarella, provolone and seasoned ricotta. [CAL 1320]



MEL'S MEAL DEAL

10" PEPPERONI OR CHEESE 12⁵⁰

Your choice of 10" PEPPERONI or CHEESE PIZZA. Includes a soft drink.

SPECIALTY PIES

HOUSE SPECIAL

The Ultimate Mellow: red sauce, mozzarella, topped with pepperoni, Italian sausage, ground beef, honey ham, applewood-smoked bacon, black olives, sliced mushrooms, Roma tomatoes, green peppers, sweet onions and the finishing touch...more mozzarella.

GREAT WHITE

An olive oil and garlic base layered with mozzarella, provolone, seasoned ricotta, roasted tomatoes, crumbled feta cheese, fresh Roma tomatoes and sweet onions. Finished with chopped fresh basil.

KOSMIC KARMA

Filled with goodness, this pie starts with Mellow red sauce covered with spinach, roasted tomatoes, mozzarella, fresh Roma tomatoes and crumbled feta cheese. A hypnotic pesto swirl adds the finishing touch.

MIGHTY MEATY

A carnivorous mix of pepperoni, Italian sausage, ground beef, honey ham and applewood-smoked bacon on top of Mellow red sauce and mozzarella.

HOLY SHIITAKE

An olive oil and garlic base with roasted shiitake, button and portobello mushrooms, caramelized onions, mozzarella and creamy MontAmoré® cheese. Finished with fresh chives, shaved Parmesan, a garlic aioli swirl and a spritz of black truffle oil.

BUFFALO CHICKEN

Made with mozzarella, then layered with Buffalo chicken, caramelized onions and applewood-smoked bacon. Finished with a double swirl of Buffalo sauce and your choice of chunky bleu cheese or ranch dressing.

FUNKY Q. CHICKEN

Shredded mozzarella topped with our signature BBQ chicken, sharp cheddar cheese, caramelized onions and applewood-smoked bacon. And to keep it funky, finished with a swirl of BBQ sauce.

BACKYARD BBQ

Fire up the appetite. This pie is filled with mozzarella cheese, roasted pork tossed in house-made BBQ sauce, roasted mild poblano peppers and topped with chives and sweet Peppadew® peppers. It's finished with garlic butter and parmesan cheese. The table next to you will be jealous.

VEG OUT

Mellow takes veggies to the max. This pie starts with Mellow red sauce layered with mozzarella, spinach, green peppers, sliced mushrooms, sweet onions, black olives and Roma tomatoes.

WILD IN HAVANA™

This pie will take you for a ride. This Cuban-inspired pizza comes with jerk marinated pork, ham, salami, Swiss and mozzarella cheeses, diced pickles, and an irresistible mayo-mustard drizzle.

PACIFIC RIM

Aloha! Mellow red sauce topped with mozzarella, honey ham, applewood-smoked bacon, caramelized onions, pineapple and jalapeños add a final kick.

MAUI WOWIE

The name rhymes. The taste delivers. Enjoy a pesto base with mozzarella, ham, pineapple, jerk chicken, banana peppers, and Applewood smoked bacon.

MAGICAL MYSTERY TOUR

The only mystery is whether one is enough. Featuring a pesto base with button and portobello mushrooms, feta and mozzarella cheese, spinach and light jalapeños.

HEY DUDE

This one is worth talking about. Get ready for a ranch base with all-natural grilled chicken, applewood smoked bacon, jalapeños, and topped with mozzarella and cheddar cheeses. Finished with a swirl of buffalo sauce.

MEL CORLEONE

Start with a classic Mellow red sauce base with garlic, mozzarella, seasoned ricotta, pepperoni, salami, and sliced meatballs. Garnished with fresh basil, shaved parmesan and crushed red pepper.

THE CAESAR

An olive oil and garlic base, with all-natural pesto chicken, provolone, mozzarella, and feta cheeses topped with a crisp Caesar salad and Roma tomatoes.

THE DA VINCI

An olive oil and garlic base with fresh spinach, sliced meatballs, ricotta and mozzarella cheeses finished with a drizzle of Mellow red sauce.

SMALL	MEDIUM	LARGE
\$18 [CAL 350-390]	\$23 [CAL 440-460]	\$28 [CAL 440-490]

\$14 [CAL 320-360] \$21 [CAL 400-450] \$26 [CAL 430-480]

\$14 [CAL 300-340] \$21 [CAL 370-410] \$26 [CAL 400-450]

\$15 [CAL 360-400] \$22 [CAL 450-490] \$27 [CAL 470-510]

\$14 [CAL 340-380] \$21 [CAL 430-460] \$26 [CAL 440-490]

\$14 [CAL 370-410] \$21 [CAL 470-520] \$26 [CAL 500-550]

\$14 [CAL 350-370] \$21 [CAL 400-440] \$26 [CAL 420-470]

\$15 [CAL 290-330] \$22 [CAL 360-410] \$27 [CAL 400-440]

\$13 [CAL 250-290] \$20 [CAL 310-350] \$25 [CAL 330-380]

\$15 [CAL 310-350] \$22 [CAL 380-420] \$27 [CAL 410-460]

\$14 [CAL 310-350] \$21 [CAL 370-410] \$26 [CAL 400-450]

\$14 [CAL 350-390] \$21 [CAL 440-480] \$26 [CAL 480-520]

\$13 [CAL 310-350] \$20 [CAL 380-430] \$25 [CAL 410-460]

\$14 [CAL 400-430] \$21 [CAL 450-490] \$26 [CAL 520-560]

\$15 [CAL 380-420] \$22 [CAL 440-480] \$27 [CAL 480-520]

\$15 [CAL 370-410] \$22 [CAL 460-510] \$27 [CAL 490-540]

\$14 [CAL 300-340] \$21 [CAL 370-410] \$26 [CAL 390-440]

MELLOW FRESH INGREDIENTS

CHEESE

Bleu cheese [CAL 20-80]

Sharp Cheddar [15-60]

Feta cheese [CAL 20-30]

* MontAmoré® [CAL 30-120]

Mozzarella [CAL 20-80]

Parmesan - shaved [CAL 10-100]

Provolone [CAL 25-100]

Ricotta - seasoned [CAL 40-80]

*Vegan cheese [CAL 20-80]

INGREDIENTS

*Avocado [CAL 10-110]

Banana peppers [CAL 0-5]

Basil [CAL 0]

Cucumbers [CAL 0]

Garlic [CAL 5-15]

Green peppers [CAL 0-5]

Jalapeños [CAL 5-20]

Mushrooms [CAL 0-10]

Mushrooms, portobello [CAL 0-10]

Mushroom Trio, roasted [CAL 15-25]

Olives, black [CAL 10-45]

Olives, green [CAL 5-45]

Olives, Kalamata [CAL 10-80]

Onions [CAL 5-10]

Onions, caramelized [CAL 5-10]

Peppadew® peppers [CAL 5]

Pepperoncini [CAL 5-15]

Pineapple [CAL 10-35]

Spinach [CAL 0-20]

Tomatoes, roasted [CAL 20-45]

Tomatoes, Roma [CAL 0-5]

Bacon, applewood-smoked [CAL 20-130]

*Roasted Pork [CAL 45-60]

*Chicken, grilled [CAL 25-100]

Ground Beef [CAL 20-70]

Genoa Salami [CAL 60-110]

Honey Ham [CAL 10-60]

Italian Sausage [CAL 10-35]

Meatballs [CAL 25-50]

Pepperoni [CAL 35-130]

* Items so good they count as two ingredients!

BUILD YOUR PIE!

1. CHOOSE YOUR SIZE

2. CHOOSE YOUR BASE

RED SAUCE - OIL & GARLIC - PESTO - RANCH

3. ADD INGREDIENTS

Customize to your taste with any of the fresh ingredients listed!

	SM [CAL 230-270]	MEDIUM [CAL 270-320]	LARGE [CAL 290-350]
CHEESE	\$10	\$13	\$16
1 INGREDIENT	\$11 ⁷⁵	\$15 ²⁵	\$18 ⁵⁰
2 INGREDIENTS	\$13 ²⁵	\$17 ²⁵	\$21
3 INGREDIENTS	\$14 ⁷⁵	\$19 ²⁵	\$23 ⁵⁰
ADDITIONAL INGREDIENTS	\$1 ⁵⁰	\$2	\$2 ⁵⁰

Small 10" 4 Slices

Medium 14" 6 Slices

Large 16" 8 Slices

ALL PIZZA CRUSTS ARE COATED WITH GARLIC BUTTER & PARMESAN CHEESE.